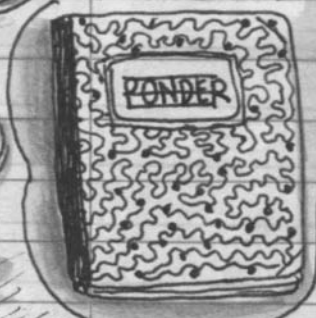


NOTICE WHAT YOU NOTICE:

YOUR COMPOSITION

NOTEBOOK = $\frac{1}{3}$ OF YOUR GRADE



is the heart of our class.

(ALSO THE LIVER, SPINAL CORD, AND cerebral cortex)

DURING THIS SEMESTER YOU SHOULD TAKE IT EVERYWHERE, AND FILL IT WITH THINGS FROM YOUR DAY, (AND ALSO YOUR NIGHT)

WHAT SORTS OF THINGS?

YOU KNOW, THINGS LIKE EVERYTHING!

DAILY DIARY
 PAGE DRAWINGS

NOTES FROM OUR CLASS!

NOTES FROM OTHER CLASSES!

AUTO-GRAPHS!

- DRAWINGS!
- PHOTOS!
- SCHEDULES!
- INSULTS!
- TRACKINGS!
- TICKET STUBS!
- THE NEWS OF THE DAY!
- Δ !
- THINGS YOU FIND AND GLUE OR TAPE INTO THE BOOK!
- QUOTES!
- WEIRD MEMORIES!
- ∞ !
- DREAMS!
- THINGS YOU WISH YOU COULD SAY OUTLOUD!
- YOUR DAILY FREAK OUT!
- RETURNED HOMEWORK!
- OBSERVATIONS!
- THINGS YOU REGRET SAYING OUTLOUD!
- THINGS PEOPLE SAY!
- VOWS!
- DOODLES!
- THINGS YOU REGRET SAYING OUTLOUD!
- SKETCHES!
- RANTS!
- LISTS OF ALL KINDS!
- OP ART SPIRALS, MAN!!!
- PREDICTIONS!
- RAVES!
- ARTICLES!
- MOVIES YOU'VE SEEN!
- COMICS!
- RECEIPTS!

YOUR DAILY DIARY

WILL TEACH YOU TO HEAR, SEE + REMEMBER THE WORLD ALL AROUND YOU

- MON
- TUES
- WEDS
- THURS
- FRI
- SAT
- SUN
- ONE
- DAY
- AND
- THEN
- THE
- NEXT

DID	SAW
1	1
2	2
3	3
4	4
5	5
6	6
7	7
"	"

HEARD DRAWN

This is the FRAME WE draw into OUR COMP BOOK each day.



SPOSTA DO THIS EVERY DAY?

YEAH.

BUT MY LIFE IS SO BORING.

IT WILL BE THE SAME THING EACH DAY.



YEAH.

NOTHING INTERESTING HAPPENS TO ME.



HEY LOOK

THAT KID JUST DROPPED HIS HOT DOG

WRITE THAT IN YOUR DIARY

SERIOUSLY?

YEAH.

AND WRITE DOWN WHAT SHE'S SAYIN' TOO.

LITTLE THINGS LIKE

AND

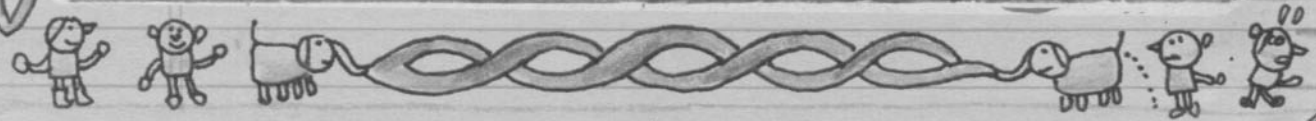
WE MUST HURRY SANDOVAL! WHERE DID WE PARK? HOW LATE WE ARE!



DADDY WILL EXPLODE!!

WHAT GOES INTO

YOUR DIARY are THINGS THAT YOU NOTICED when you became PRESENT -- THAT IS TO SAY WHEN the HAMSTER WHEEL OF THOUGHTS AND PLANS AND WORRIES STOPPED long enough for YOU TO NOTICE WHERE YOU WERE and what WAS GOING ON AROUND YOU --



Composition Notebooks

Intentionally keeping a daily diary is difficult and usually a drag to write and a drag to read. A more interesting diary of a very different sort will spontaneously show itself if we begin to put bits and pieces of everything that concerns us through the day in one place: the composition notebook.

Keeping an active comp book is at the heart of this class. You'll be expected to completely fill at least three of them over the course of the semester and to do so, you'll need to take this task seriously. Keep the comp book with you at all times - or as often as you can--and use it for everything. Along with diary pages, writing and drawing assignments, I'd like you to use it for work in other classes you may have, lecture notes, ideas, rants, plans, insults, first drafts of any sort on any subject, reviews. And I'd like you to include some of the ephemera from your daily life: ticket stubs, candy wrappers, receipts, labels, weird handouts, stickers, notes found on the street, torn out pictures, etc. You can glue or tape them in. Decorate the covers any way you wish. Think of your composition notebook as a catch-all that collects samples from all of the elements of your day-to-day life. Unexpected juxtapositions of these elements can lead to stories you can use in class. Patterns start to emerge that can be very helpful in trying to understand what this thing I call 'the back of the mind' is up to. I think of the comp book as a place for the back of the mind to come forward. If you keep up with your comp book all semester, when it comes time to decide what your final project should be about, your composition notebook will already contain the answer.

THE BASIC 5 MINUTE DIARY

DRAW A FRAME IN YOUR COMP BOOK THAT'S



SOMETHING LIKE THIS
LABEL IT LIKE THIS

DID	SAW/NOTICED
1	1
2	2
3	3
4	4
5	5
6	6
7	7
HEARD	(DRAWING)

STEPS

1. RELAX AND DRAW A SPIRAL FOR ABOUT A MINUTE WHILE REMEMBERING THE DAY AS IT COMES TO YOU
2. SPEND 2 MINUTES WRITING DOWN 7 OR SO THINGS YOU DID
3. SPEND 2 MINUTES WRITING DOWN THINGS YOU SAW OR NOTICED
4. 30 SECONDS TO WRITE DOWN SOMETHING SOMEONE SAID.
5. DRAW A 30 SECOND PICTURE.

RELAX
YOUR
WHOLE
SELF



◆ BASIC QUICK DIARY FORMAT ◆

START
BY NOTICING
WHAT YOU NOTICE

AS YOU GO ABOUT YOUR DAY, YOU DO THINGS—SOMETIMES INTENTIONALLY AND OTHER TIMES BY ACCIDENT. BOTH SORTS OF EVENTS

SHOULD BE WELCOME IN YOUR LIST OF THINGS YOU DID. INCLUDE 7 TO 10 THINGS EACH DAY.


AND LISTEN TO WHAT PEOPLE ARE SAYING—OVERHEARD CONVERSATIONS ARE

FULL OF GOOD LINES. PAY ATTENTION TO HOW PEOPLE REALLY SPEAK. WRITE DOWN WHAT THEY SAY.



what you did

- 1.
2. SPEND
3. 2½
4. MINUTES
5. MAKING THIS


6. LIST
7. 

Something you heard someone say

30 SECONDS

What you saw

- 1.
2. SPEND
3. 2½
4. MINUTES
5. MAKING THIS

6. LIST
7. 

draw a picture of something you saw

30 SECONDS

YOU MAY FIND YOURSELF STARING AT SOMETHING FOR "NO REASON," A LABEL ON A BOTTLE OF JUICE, A PIGEON, A WISP OF HAIR ON THE NAPE OF SOMEONE'S NECK—OR YOU MAY SEE SOME-

THING SPECTACULAR: A FIGHT OR A FIRE OR AN ACCIDENT.

ALL ARE WELCOME ON YOUR LIST OF THINGS YOU SAW.

DRAW ONE OF THEM HERE. JUST A

QUICK SKETCH. AVOID PICKING THE EASIEST THING TO DRAW—PICK SOMETHING THAT'S A CHALLENGE